



## Supporting Your Child Through Trauma

When a child is abused, families are impacted forever. Often times it can feel like you are the only one going through something so serious. **YOU ARE NOT ALONE.** Please join us in open, judgment-free discussion with other parents/caregivers going through similar circumstances.

**Mondays, 6p – 7:30p starting June 12th.** Join other parents/caregivers and learn more about the following topics and more...

- June 12<sup>th</sup> – The Dynamics of Trauma**
- June 19<sup>th</sup> – Common Trauma Symptoms**
- June 26<sup>th</sup> – Fears and Worries/Protective Factors**
- July 3<sup>rd</sup> – No group (Holiday)**
- July 10<sup>th</sup> – Secondary Trauma**
- July 17<sup>th</sup> – Helping Your Child Cope**
- July 24<sup>th</sup> – Hope for the Future**

For more information about these sessions and how to join please contact Alex Brace at [abrace@smalltalkcac.org](mailto:abrace@smalltalkcac.org) or call 517-253-0729

## Small Talk CAC

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