

WHEN "WHAT IF" BECOMES "WHAT NOW"

Darkness to Light's "What if?" game is a great way to help your children prepare for situations they may come across in life.

HERE'S HOW TO PLAY:

- Play in a casual and neutral location- this is great for car rides.
- Ask questions about a mix of daily life events, unexpected situations, and sexual boundary violations.
- Be clear it is a game. It is not that you expect these things to happen, but you're prepared if it does. - similar to tornado and fire drills.
- Play the "What if?" game over time. Only use 2 or 3 scenarios each time.
- Use index cards to write out scenarios like flash cards.
- Let kids write their own scenarios if they want to.
- Be open to your kids asking you questions, too! They will be able to learn from how you answer their questions.

BIG CONVERSATIONS WITH SMALL TALK

POSTED ON FACEBOOK THURSDAYS AT 1:30 PM



#SMALLTALKCARES

The "What if?" game is a TM of Darkness to Light.